



Pak Choi Bopak F₁
AAS Edible Regional Winner
Regions: NE, GL, M/SW

In 82 years, Bopak F₁ is the first Pak Choi to become an AAS Winner! Bopak matures early and the tender leaves with crisp sweet stalks taste great. It's a tasty addition to recipes and the tender leaves can be eaten raw in salads or sandwiches. Swap stalks for celery sticks, add to soups and stews, or grill on the barbeque. Plant every couple of weeks for a longer harvest. Stop planting when the weather turns hot, then start new plants in late summer for fall harvest. May be harvested as a baby Pak Choi as well as grown to full size. This classy plant will make an attractive "thriller" for patio pots and containers.

AAS® Winner Data

Genus species: *Brassica rapa chinensis*

Common name: Pak Choi, Bok Choy

Unique qualities: Compact habit and early maturing, this attractive cool season plant has dark green leaves and extra thick uniform white petioles.

Fruit size: 8 inches high, 4 inches wide at base

Fruit shape: Upright heads with outward flaring leaves

Fruit color: White stalks and dark green leaves

Plant type: Annual

Plant height: 14 inches

Plant width: 10 inches

Garden location: Full sun or partial shade

Garden spacing: 10 inches apart

Number of fruits: 1

Length of time to harvest: 60 days from sowing seed, 45 days from transplant

Closest comparisons on market: Joi Choi F₁ and Win-Win Choi F₁

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