Hestia is only the second Brussels Sprouts ever to be granted an AAS Winner designation. This is an excellent flavored trendy and popular vegetable with a bright green exterior and smooth, dense yellow interior. The erect plant maintains its nice habit throughout the season and was judged notably more uniform than comparison varieties. Hestia tolerates much cooler temperatures and the flavor improves deliciously when the temperatures dip into the 30’s.

**AAS® Winner Data**

**Genus species:** Brassica oleracea  
**Common name:** Brussels Sprouts  
**Unique qualities:** Nice, erect Brussels Sprouts with excellent flavor. Potential for a second season crop in many areas as variety tolerates both warm weather and cool while other varieties require cooler temperatures for sweetness.  
**Fruit size:** 1 inch diameter  
**Fruit color:** Bright green exterior, yellow interior  
**Plant height:** 30 inches  
**Plant width:** 24 inches  
**Garden location:** Full sun  
**Garden spacing:** Space plants 18-24 inches apart in rows 3 feet apart  
**Number of fruits:** Up to 100 sprouts per plant  
**Length of time to harvest:** 100 days from transplant  
**Closest comparisons on market:** Gustus F₁ and Royal Marvel F₁