**Pak Choi Bopak F₁**  
**AAS Edible Regional Winner**  
**Regions: NE, GL, M/SW**

In 82 years, Bopak F₁ is the first Pak Choi to become an AAS Winner! Bopak matures early and the tender leaves with crisp sweet stalks taste great. It’s a tasty addition to recipes and the tender leaves can be eaten raw in salads or sandwiches. Swap stalks for celery sticks, add to soups and stews, or grill on the barbeque. Plant every couple of weeks for a longer harvest. Stop planting when the weather turns hot, then start new plants in late summer for fall harvest. May be harvested as a baby Pak Choi as well as grown to full size. This classy plant will make an attractive “thriller” for patio pots and containers.

**AAS® Winner Data**

- **Genus species:** Brassica rapa chinensis  
- **Common name:** Pak Choi, Bok Choy  
- **Unique qualities:** Compact habit and early maturing, this attractive cool season plant has dark green leaves and extra thick uniform white petioles.  
- **Fruit size:** 8 inches high, 4 inches wide at base  
- **Fruit shape:** Upright heads with outward flaring leaves  
- **Fruit color:** White stalks and dark green leaves  
- **Plant type:** Annual  
- **Plant height:** 14 inches  
- **Garden location:** Full sun or partial shade  
- **Number of fruits:** 1  
- **Length of time to harvest:** 60 days from sowing seed, 45 days from transplant  
- **Closest comparisons on market:** Joi Choi F₁ and Win-Win Choi F₁

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<tr>
<th>Plant width: 10 inches</th>
<th>Garden spacing: 10 inches apart</th>
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**Tested Nationally & Proven Locally®**

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