Asian Delight F1 Pak Choi (or Bok Choy) is a Chinese Cabbage that outperformed the comparisons by leaps and bounds. Judge after judge noted how this Pak Choi does not bolt like the comparisons, even weeks after other varieties went to seed. That means the yield from this AAS Winner can be double or even higher than that of other Pak Choi on the market. Asian Delight forms small to mid-size (5-7 inch) heads that have a tasty, tender white rib and dark green, textured leaves. One judged seeded his trial three times and all three times Asian Delight did not bolt whereas the comparisons did. “This is the best white stem mini Pak Choi I have ever seen.” That’s quite an endorsement!

**AAS® Winner Data**

**Genus species:** Brassica rapa  
**Common name:** Pak Choi  
**Fruit size:** 5-7 inches  
**Fruit shape:** Vase-shaped  
**Fruit color:** Dark green leaves with white stems  
**Plant type:** Annual, cool season  
**Plant height:** 5-7 inches  
**Plant habit:** Compact upright  
**Garden location:** Sun or shade  
**Garden spacing:** 8-10 inches  
**Length of time to harvest:** 25-40 days from transplant, 30-50 days from sowing seed  
**Closest comparisons on market:** Shiro F1 and Toy Choi F1